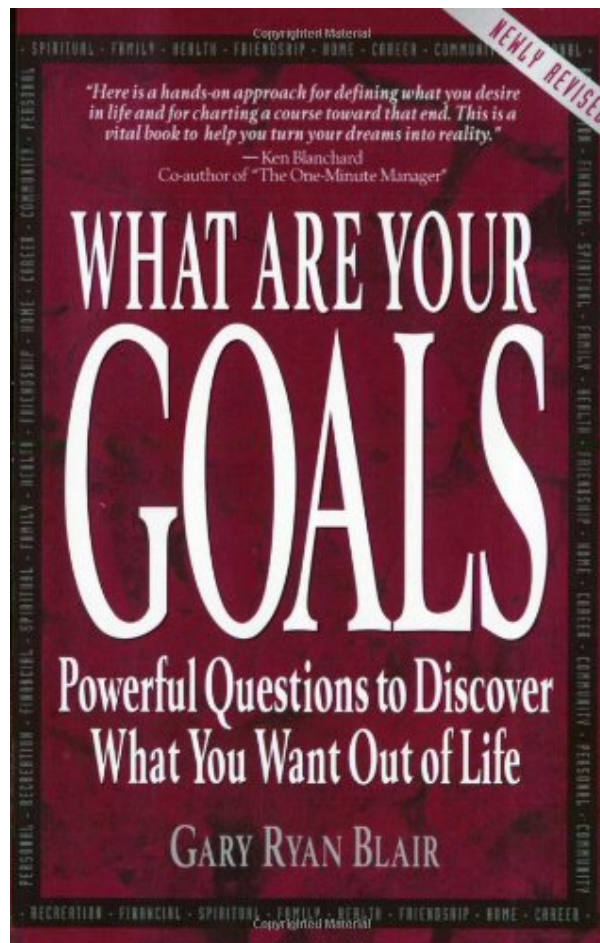
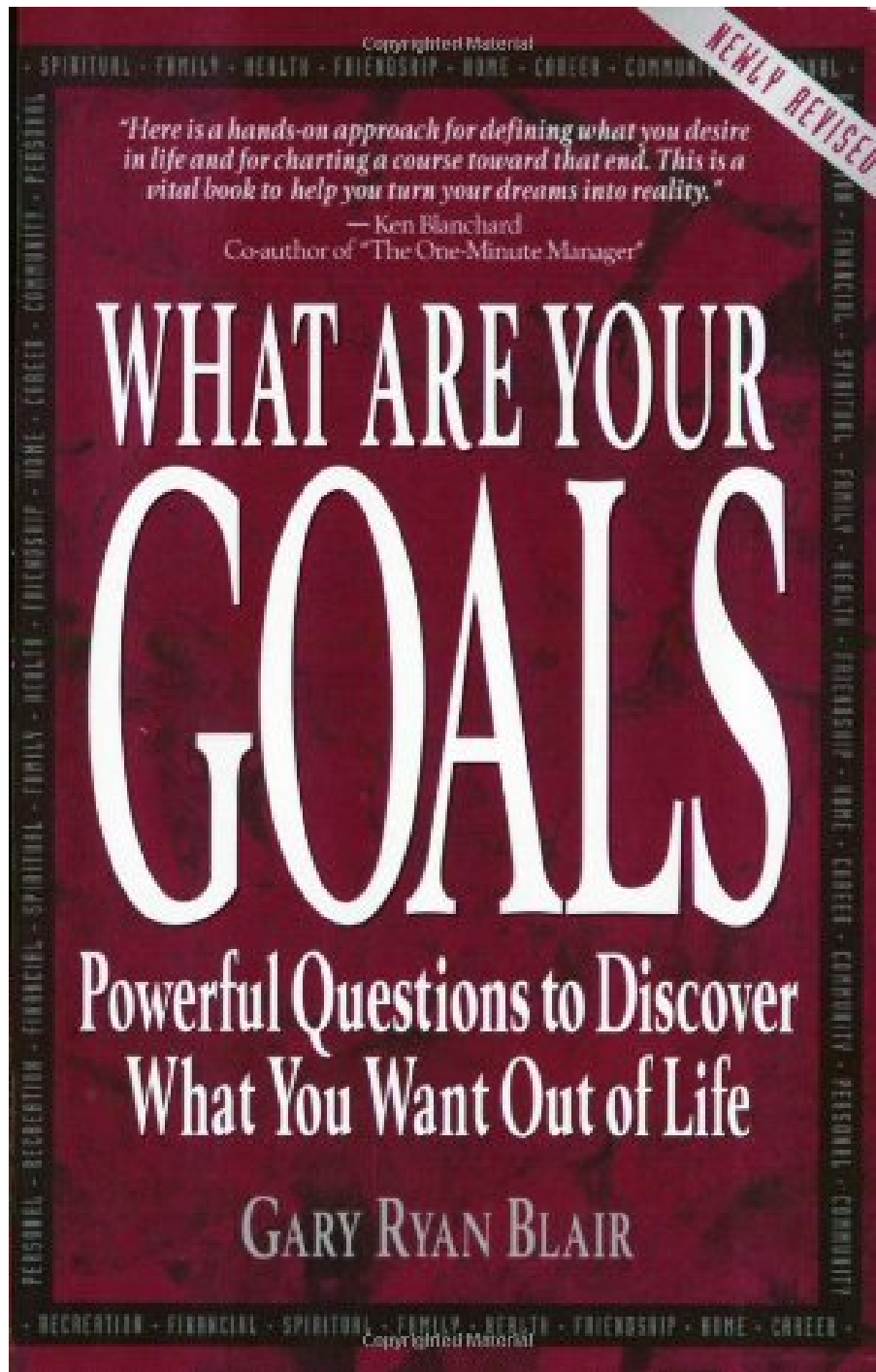


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Review

Blair's approach involves asking pointed and directed questions to help uncover pathways in life which lead to goals achievement. This isn't a set of guidelines; but a workbook based on questions which asks pertinent questions and invites readers to respond. -- Midwest Book Review

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Goals - 10 Years Later

By A Customer

I recently came across this book in my personal library. Gary signed it for me on June 4, 1994. Now I know why I didn't trash it with all the other self-help books! Answer the questions in this book today; check back in 6 months, 2 years, or for me... 10 years later. It is amazing to see just how answering the questions in this book can help you find the right direction, learn about who you are and who and where you want to be. I am still achieving my goals and setting new ones. We didn't have goal-setting classes when I went to school. I hope they teach this in our schools today. Setting goals, whether it be to write a paper for a school project or start your own company, is the most powerful thing we can do for ourselves. Thanks, Gary, for giving us this guideline by which to plan our future.

33 of 38 people found the following review helpful.

A guided tour of our own mind.

By A Customer

This book doesn't preach or even teach. It asks questions and our own minds give the lessons because that's where all the answers are anyway with regard to goals of all types

7 of 7 people found the following review helpful.

This Book Really Makes You Think about All Areas of Your Life

By BookGirl54

I was concerned about this book being "dated," but was intrigued enough to buy it because it seemed to cover areas not addressed by other books. It covers 10 areas - Personal, Health, Family, Recreation, Friends, Community, Career, Financial, Household, and Spiritual. The questions are finite enough to be answered in 1 to 2 sentences, but taken collectively they are very comprehensive. I have always struggled with goal setting in the past because I never really knew where to start. It's great to ask "what do you want to do?" or "where do you want to be 5 years from now?" but (as this book illustrates) a lot of self-examination and creative thinking needs to happen before you can answer those questions. I definitely recommend this book, but would qualify that recommendation. You should be ready to make a commitment of time to answer all the question and you should strive to be brutally honest. Also, be prepared for some uncomfortable feelings. You shouldn't be afraid to seek a counselor or spiritual advisor to discuss some of things that might come up as you go through this book.

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